

JUST FOR KIDS - JANUARY 2022

JANUARY HOLIDAYS AND EVENTS

NEW YEAR'S DAY – JANUARY 1, 2022

FACTS ABOUT NEW YEAR'S (ages 8-10)

This year, 2021, is coming to an end. On January 1, we begin the year 2022. Why do we have fireworks? Why do we make resolutions? Why does it start January 1st?

Watch this short slideshow to get some facts about New Year's Day and about some of the different ways it is celebrated.

<https://www.cbc.ca/kidscbc2/the-feed/whats-the-story-new-years-day>

MARTIN LUTHER KING DAY – JANUARY 17, 2022

MARTIN LUTHER KING, JR. (ages 7-10) video

On the third Monday in January, we honor the memory of Martin Luther King, Jr. Dr. King was a civil rights leader who used peaceful ways to get equal rights for all. This short video will tell you more about this leader of the civil rights movement and about how we honor him today.

<https://ny.pbslearningmedia.org/resource/8cb55681-9129-467d-96e6-0bd7b5bd16e5/martin-luther-king-day-all-about-the-holidays/>

I HAVE A DREAM (ages 8 and up) video

This is actual video of Dr. King giving his famous speech during the March on Washington for Jobs and Freedom on August 28, 1963, in which he called for civil and economic rights and an end to racism in the United States.

<https://www.youtube.com/watch?v=vP4iY1TtS3s>

TU B'SHEVAT – JANUARY 27-28, 2022 (ages 7-10)

What is Tu B' Shevat? Sometimes it is referred to as "The Birthday of Trees" or "The New Year of Trees". Find out more here:

https://www.chabad.org/kids/article_cdo/aid/819824/jewish/What-is-Tu-BShevat.htm

STORIES

NEW YEAR'S:

SQUIRREL'S NEW YEAR RESOLUTION by Pat Miller **Read aloud (ages 4-6)**

It is the start of the new year and all of the animals in the forest have made their New Year's resolutions, everyone except Squirrel. She starts off by asking Bear what a resolution is and if he has one. Bear explains what a resolution is and tells

Squirrel what his resolution is. Squirrel feels determined to come up with a resolution after talking to Bear.

<https://www.youtube.com/watch?v=MPRZZFWO5W4>

THROW YOUR TOOTH ON THE ROOF by Selby Beeler **Read aloud (ages 4-7)**
What do you do when you lose a baby tooth? Throw it on the roof? Bury it in the ground? Wait for a mouse to take it away? Maybe you will start a new tradition after reading this book! Throw Your Tooth on the Roof tells you some of the traditions for losing a tooth that are followed by children around the world.

<https://www.youtube.com/watch?v=D5C1qmmvkiC>

MARTIN LUTHER KING:

I AM MARTIN LUTHER KING by Brad Meltzer (ages 5-8) **Read aloud**

As a child, Martin Luther King, Jr. was shocked by the terrible and unfair way African American people were treated. When he grew up, he decided to do something about it—peacefully, with powerful words. Listen to Martin tell story in this book.

<https://www.youtube.com/watch?v=xajQz49mRU>

A PICTURE BOOK OF MARTIN LUTHER KING, JR. by David A. Adler (ages 7-10) **Read aloud**

Learn how Martin's childhood experiences sparked his interest in equality and how he helped to change things in America.

<https://www.youtube.com/watch?v=x6orRByAzBc>

MARTIN'S BIG WORDS: THE LIFE OF MARTIN LUTHER KING JR. by Doreen Rappaport (ages 7-10) **Read aloud**

Martin grew up in a place where people used words that made him feel bad. Let's see how Martin was able to use words to help people and make the world a better place.

TU B'SHEVAT:

PLANTING PARSLEY by Pamela Ehrenberg (ages 3-6) **animated**

Many people celebrate this holiday by planting saplings and participating in a meal that like a Tu B'Shevat seder, where fruits, nuts, and wine or grape juice are on the menu. Others also spend plant a tree, work in a garden, eat a special fruit, or do something else to show some love for trees and the earth. Enjoy this story, about two children planting parsley.

PEARL MOSKOWITZ'S LAST STAND by Arthur A. Levine (ages 7-11) **Read aloud**

Pearl loved her street. She loved the people on her street, and she loved the trees on her street -- planted there by her mother years before. So, when the city wants to cut them down, it's time for Pearl to take a stand

<https://www.youtube.com/watch?v=6xrV067STh8>

MUSIC AND MOVEMENT

A NEW YEAR'S SONG FOR KIDS! (ages 5-8)

This is a great song to do as a round. "Cheer the year" and sing this New Year song to bring in the new year!

<https://www.youtube.com/watch?v=ka1E7g9z3EQ>

IF I WERE A TREE WHAT A TREE I'D BE (ages 4-6) **animated music video**

Sing along learn about trees and act out the parts of the tree with this fun video

<https://youtu.be/7mt79JW9u18>

MR. R'S TREE SONG (ages 6-8) **animated music video**

Learn about Trees -- Roots, and Trunks, and Leaves! Why do we need them? Watch this fun science song video and soon you'll be singing along with the chorus!

<https://www.youtube.com/watch?v=D7dKRBZVLvI>

ACTIVITIES

TU B'SHEVAT FRUIT PLATES (ages 7 and up) **with parent's help**

On Tu B'Shevat we celebrate the new year for trees by eating fruit, especially the seven fruits of Israel which include pomegranates, dates, figs and grapes.

Make these fun fruit plates to represent trees in each season - summer, fall, winter and spring.

https://www.chabad.org/kids/article_cdo/aid/2462341/jewish/Tu-BShevat-Fruit-Plates.htm

FROZEN YOGURT GRAPES (ages 5 and up)

On Tu B'Shevat it's traditional to eat fruit—especially some of the fruits of Israel: figs, dates, pomegranates, grapes and olives.

Here's an easy way to jazz up your grapes and make them a little more fun.

https://www.chabad.org/kids/article_cdo/aid/2846488/jewish/Frozen-Yogurt-Grapes.htm

TU B'SHEVAT MAD LIBS (ages 8 and up)

After you tell your partner the words that are asked for to fill in the blanks, see what a funny planting story you have created!

<http://pjlibrary.org/PJLibrary/media/PJ-Library/blog/2020/Tu-B-Shevat-Mad-Libs-printable-1-15.pdf>