

JUST FOR KIDS - FEBRUARY 2022

FEBRUARY HOLIDAYS AND EVENTS

BLACK HISTORY MONTH – FEBRUARY, 2022

The month of February honors the important role Black people play in the story of our country.

LEARN ABOUT BLACK HISTORY MONTH (ages 8-10) video

It honors all Black people from all periods of U.S. history, from the enslaved people first brought over from Africa in the early 17th century to African Americans living in the United States today.

<https://ny.pbslearningmedia.org/resource/fa375094-c2f2-48eb-b65b-51861b5666e0/black-history-month-all-about-the-holidays/?student=true>

FACTS ABOUT SOME FAMOUS AFRICAN AMERICAN HEROES (ages 8 and up)

Explore this site to learn about the lives and contributions of some of the many African American inventors, pilots, Supreme Court Justices, freedom fighters, scientists, and astronauts.

<https://kids.nationalgeographic.com/history/topic/african-american-heroes>

STORIES – DIVERSITY AND BLACK HISTORY

THE COLORS OF US by Karen Katz (ages 4-7) **Read aloud**

Seven-year-old Lena is going to paint a picture of herself. She wants to use brown paint for her skin. But when she and her mother take a walk through the neighborhood, Lena learns that brown comes in many different shades

<https://www.youtube.com/watch?v=O58brpCvmRs>

HAIR LIKE MINE by La Tashia Perry (ages 5-8) **Read aloud**

This story follows a little girl who doesn't like that her naturally curly hair looks different from the other kids around her. She sets out to find someone with hair like hers and she soon realizes we are all unique and special in our own way.

<https://youtu.be/1xgCUiIPvg4>

I AM ENOUGH by Grace Byers (ages 5-8) **Read aloud**

Through simple rhymes and beautiful pictures, the author shows *that regardless of how we look, or what we can do or believe, we are all able, and worthy of respect. She encourages children to recognize diversity and show respect and kindness to others.*

<https://www.youtube.com/watch?v=wbl29C2yC5M>

HENRY'S FREEDOM BOX by Ellen Levine (ages 7-12) **Read aloud**

This is based on the true story of Henry Brown, a slave who found a way to mail himself to freedom.

<https://youtu.be/0eGggRx3bKY>

THE STORY OF RUBY BRIDGES by Robert Coles (ages 7-12) **Read aloud**

This is the true story about Ruby Bridges, a very brave 6 year old girl, who in 1960 was the only black child to go to an all white school. She showed great courage and faced many angry people who didn't want her in the school. Her courage changed the lives of many people in our country.

<https://youtu.be/E5iL7H-S99s>

TEAMMATES by Peter Golenbock (ages 7-12) **Read aloud**

This is a story of how the courage two men (Jackie Robinson and Pee Wee Reese) changed the face of baseball. Jackie Robinson was the first black player on a Major League baseball team when he joined the Brooklyn Dodgers in the 1940s, but he faced much hatred and anger from his teammates, baseball fans and other players. This story tells about one fateful day in Cincinnati, when Pee Wee Reese, a white player, took a stand against hate and stood up for Jackie Robinson.

<https://youtu.be/mGzJ9bu7z5c>

LEARN ABOUT SHABBAT

SHALOM SESAME: SHABBAT SHALOM GROVER (ages 4-7) **video**

It's almost Shabbat! Everyone is busy getting ready for the holiday but Grover doesn't know what "Shabbat" is. Shoshanna shows Grover the meaning of Shabbat by including Grover in the preparations.

<https://www.youtube.com/watch?v=ucEIPoxR-bs>

SHALOM SESAME: CELEBRATING SHABBAT (ages 4-7) **video**

Follow a kindergartner in Tel Aviv as she shows you how she and her classmates get ready for Shabbat.

https://youtu.be/k5UQXz_wHmQ

STORIES – SHABBAT

FRIDAYS ARE SPECIAL by Chris Barash (ages 4-7) **Read aloud**

Fridays are not like other days. Fridays are special! There's challah to bake, dinner to cook, family to greet, and lots of cozy fun to be had, all in preparation for Shabbat. Listen to this sweet rhyming book about this special day of the week.

THE SABBATH LION retold by Howard Schwartz (ages 8-12) **Read aloud**

In this Jewish folktale from Algeria, young Yosef makes a long journey by caravan to claim an inheritance for his family. But the cruel-hearted leader refuses to stop for the Sabbath. Yosef is afraid to leave the caravan, but his devotion keeps him from going on, and he stays alone and prays. Then something wonderful happens...

<https://www.youtube.com/watch?v=G3FUgfW7vYg>

MUSIC AND MOVEMENT

Are you stuck indoors on these cold, icy days? Don't be a couch potato! Check out these activities to get you moving and keep you in shape!

SHAKE BREAK (ages 4-6) **video**

Have fun shaking during this fun, brain break, piano jamming song with Jack Hartmann. Shake out your hands, hips and head with Jack Hartmann to get the wiggles out!

<https://www.youtube.com/watch?v=s-8CSs7Xnlo>

WARM UP EXERCISE SONG (ages 7-10) **video**

Feel the rhythm...hear the beat....and let your spirit get you jumping on your feet! Get ready to sing, dance and exercise together with Mendy and his friends in this exhilarating animated workout video for the whole family.

https://www.chabad.org/kids/article_cdo/aid/4698506/jewish/Warm-Up-Exercise-Song.ht

SHABBAT SONGS

OSEH SHALOM (all ages)

This is the Jewish prayer for peace, and in this karaoke style lyrics video, you and your parents can learn all the words. There are lots of versions of Oseh Shalom, this one is a traditional Israeli melody by Nurit Hirsch.

<https://www.youtube.com/watch?v=-ODQuc6PzVk>

IT'S SHABBAT! (ages 4-6)

If you know "Baby Shark," you already know the tune to this song. Watch the Maccabeats, a Jewish a cappella group, sing a Shabbat parody of Baby Shark. Then join the fun and sing along.

<https://youtu.be/mCwOQnIlnnU>

SHABBAT SHALOM - HEY! (THE BIM BAM SONG) (ages 4-8)

In this video, you can learn the popular Shabbat Shalom HEY song and get the family in the mood for Friday night dinner

<https://www.youtube.com/watch?v=EHrlizly-S8>