

## **JUST FOR KIDS – MARCH 2023**

### **MARCH HOLIDAYS AND EVENTS**

#### **WOMEN'S HISTORY MONTH – MARCH, 2023**

Women's History Month is a celebration of women's contributions to history, culture and society and has been observed annually in the month of March in the United States since 1987.

#### **LEARN ABOUT WOMEN'S HISTORY MONTH** (ages 8 and up) **video**

This quick video will tell you about how this started, why it's celebrated and some of the special women it honors.

<https://ny.pbslearningmedia.org/resource/d6b79b8f-a8c2-4979-8cf6-4e3a3fb3051e/womens-history-month-all-about-the-holidays/?student=true&focus=true>

#### **TIMELINE OF WOMEN'S HISTORY 1776-2022** (ages 10 and up) **text**

For more than 300 years, women have fought for equality. This timeline highlights many of them, starting with Abigail Adams, who in 1776, told her husband to "remember the ladies" and not give all the power to men when creating a new government for the American colonies. You can learn about women like Susan B. Anthony and Elizabeth Cady Stanton who fought for women's right to vote, Hillary Clinton, who became the first woman to run for president, and many more.

<https://www.history.com/topics/womens-history/womens-history-us-timeline>

#### **FACTS ABOUT SOME FAMOUS WOMEN HEROES** (ages 8 and up) **text**

Explore this site to learn about the lives and contributions of some of the many women who accomplished amazing things: pilots, Supreme Court Justices, freedom fighters, scientists, and astronauts, pharaohs and more. Click on a box to learn more about that woman.

<https://kids.nationalgeographic.com/history/topic/women-heroes>

### **STORIES – WOMEN'S HISTORY**

#### **SHE PERSISTED:13 AMERICAN WOMEN WHO CHANGED THE WORLD**

by Chelsea Clinton (ages 8-13) **Read aloud**

This book explores the incredible accomplishments of 13 American women throughout history.

<https://www.youtube.com/watch?v=lqVlzqU0KOA>

#### **WHO SAYS WOMEN CANT BE DOCTORS?** by Tanya Lee Stone (ages 7-10) **Read aloud**

This story tells the story of Elizabeth Blackwell, who became the first woman doctor at a time when girls were not allowed to become doctors.

<https://www.youtube.com/watch?v=oNXLZPYoLUA>

## **PURIM – EVENING OF MARCH 6 - MARCH 7**

### **LEARN ABOUT PURIM**

#### **SHALOM SESAME: ELI CELEBRATES PURIM** (ages 3-6) **video**

Follow Eli, an Israeli boy, to see how he dresses up as an elephant and celebrates Purim with his friends.

<https://youtu.be/HrPCyibYJcc>

#### **GO ESTHER! THE STORY OF PURIM** (ages 8-10) **video**

Learn the Purim Story in four minutes with this funny, sassy animated version of the Book of Esther – it presents a hip take on the story for modern times. Celebrate Esther's bravery and Mordechai's wisdom and boo the wicked Haman.

<https://www.youtube.com/watch?v=mYGqOMe-DqQ>

#### **LET'S BAKE HAMANTASHEN** (ages 8 and up) **video**

Visit a kosher bakery just before Purim as thousands of hamantashen—the delicious Purim treat—are prepared, and see what goes into making these delectable delights.

[https://www.chabad.org/multimedia/media\\_cdo/aid/133316/jewish/Lets-Bake-Hamantashen.htm](https://www.chabad.org/multimedia/media_cdo/aid/133316/jewish/Lets-Bake-Hamantashen.htm)

#### **THE PURIM MEGILLAH: FOR KIDS! AN INTRODUCTION TO THE SCROLL**

(ages 7 and up) **video**

Learn the basics of the Purim Megillah in this fun short video lesson about the Jewish holiday scroll that tells the story of Esther, Mordechai and Haman.

<https://www.youtube.com/watch?v=Xe2COQmYoHU>

### **STORIES – PURIM**

#### **SAMMY SPIDER'S FIRST PURIM** by Sylvia A Rouss (ages 4-7) **read aloud**

Sammy Spider wants to help Josh get ready for Purim. Instead, he gets stuck inside a grogger. How will he escape?

<https://video.search.yahoo.com/search/video?fr=mcafee&ei=UTF-8&p=sammy+spider+purim&type=E211US752G0#id=2&vid=0f9b4dba2e199dd90e8cfd36f69731e7&action=view>

#### **THE MYSTERY BEAR: A PURIM STORY** by Leone Adelson (ages 4-7) **Read aloud**

When Little Bear wakes up from hibernation and goes off in search of something to eat, the smells of a delicious feast draw him to a nearby house. The people inside are having a wonderful time and are delighted to welcome the stranger in a bear costume—after all, it's Purim, when lots of people dress up! Little Itzik suspects that the stranger might actually be a real bear, but everyone else is having too much fun to pay attention to his warnings. Do you think they ever find out who he is?

<https://www.youtube.com/watch?v=7pu3RUFzie0>

**ONE, TWO, THREE IT'S PURIM** by Naomi Shulman (age 3-5) **Read aloud**

Dressing in costume, baking hamantaschen, making noise -- it must be Purim! Getting ready for Purim is as easy and fun as one, two, three. What's your favorite part of the holiday?

<https://www.facebook.com/PJLibrary/videos/animated-read-aloud-one-two-three-purim/779803159305555/>

## **CRAFTS**

**MAKE YOUR OWN GRAGGER** (ages 4-6)

When the Purim story ("Meglliah") is read, everyone boos and shakes their graggers whenever Haman's name is mentioned. Use one of the ideas below to make your own gragger

<https://www.dltk-kids.com/world/jewish/purim/mgragger.htm>

**MORE IDEAS FOR MAKING YOUR OWN GRAGGER** (ages 7 and up) **video**

Watch this 2-minute video for more homemade gragger ideas all different kind of thing you have in your house!

<https://youtu.be/MSogrHKtPtw>

**MAKE FINGER PUPPETS TO TELL THE STORY OF PURIM** (ages 5-10)

Print out one of the sheets below and cut out these Esther, Mordechai, Ahashverus and other figures from the Purim story. Wrap them around your fingers, tape closed, and use these puppets to tell the story of Purim.

**Puppets already colored and ready to cut out:**

<https://toriavey.com/images/2013/02/Purim-Finger-Puppets-Full-Color-Printable.pdf>

**Puppets for you to color before cutting out:**

<https://toriavey.com/images/2013/02/Purim-Finger-Puppets-Coloring-Sheet-Printable.pdf>

## MUSIC AND MOVEMENT

### **PURIM SENSES SONG** (ages 3-6) **video**

Do you know what we can see, taste, smell and feel as we celebrate Purim? Sing along with Rabbi B. and discover how we use all our senses to celebrate Purim.

[https://www.chabad.org/kids/article\\_cdo/aid/2876483/jewish/The-Purim-Senses-Song.htm](https://www.chabad.org/kids/article_cdo/aid/2876483/jewish/The-Purim-Senses-Song.htm)

### **A PURIM SONG ABOUT GROGGERS FOR CHILDREN** (ages 3-5) **animated**

Get your groggers ready to play and sing along

[https://youtu.be/J\\_MT2nK5bmM](https://youtu.be/J_MT2nK5bmM)

### **TEN LITTLE HAMANTASHEN** (ages 5-7) **video**

Watch and sing along with Rebbetzin Tap and friends in this delightful video about Shalach Manot between friends.

<https://youtu.be/QEuT8hvfPaQ>

### **AN ENCANTO PURIM - (WE DON'T TALK ABOUT HAMAN)** (ages 9 and up) **video**

The wonderful acapella group, the Maccabeats, have done it again! Enjoy this fun video and song (to the tune of "We Don't Talk About Bruno") that tells the story of Purim.

<https://www.youtube.com/watch?v=MjmLkEcaUAA>

### **CHAG PURIM FROM SHIR SOUL** (ages 8 and up) **video**

Happy Purim! Sing along and dance to this fun video of Purim songs. Be sure to check out the unusual instruments they are using! The Hebrew words and English translation are printed below.

<https://youtu.be/bqUCjMJD5A8>

## **CHAG PURIM**

Chag Purim  
Chag Purim  
Chag gadol layehudim

Purim time  
Purim time  
A big festival for the Jewish people

Masechot, ra'ashanim,  
shirim verikudim.

Masks, noisemakers  
songs and dances.

Hava narishah - rash, rash, rash,  
Hava narishah - rash, rash, rash,  
Hava narishah - rash, rash, rash,  
Bara'ashanim.

Wind your noisemakers - "rash rash rash"  
Wind your noisemakers - "rash rash rash"  
Wind your noisemakers - "rash rash rash"  
With your noisemakers.

Chag Purim  
Chag Purim  
zeh el zeh sholchim manot,

Purim time  
Purim time  
we send gifts to one another

Machmadim, mantakim,  
Tunifim migdanot.

Treats, sweets  
and other nice things.

Hava narishah - rash, rash, rash,  
Hava narishah - rash, rash, rash,  
Hava narishah - rash, rash, rash,  
Bara'ashanim.

Wind your noisemakers - "rash rash rash"  
Wind your noisemakers - "rash rash rash"  
Wind your noisemakers - "rash rash rash"  
Wind your noisemakers - "rash rash rash"

With your noisemakers

## **MISHENICHNAS ADAR - ADAR BEGINS**

Mishenichnas Adar,  
Marbin besimchah.

From the start of Adar  
Joy should be increased

### **FOOD** (all ages with different levels of adult help)

Hamantashen is a favorite treat to eat on Purim. There are lots of different ways to make it. Here are some ideas for you to try.

#### **MAKE A BATCH OF PURIM HAMANTASHEN**

This is an easy to follow recipe that you can follow with a little help from a grown up.  
[https://www.chabad.org/kids/article\\_cdo/aid/361591/jewish/Hamantashen.htm](https://www.chabad.org/kids/article_cdo/aid/361591/jewish/Hamantashen.htm)

#### **RICE KRISPIE HAMENTASHEN** (adult needed for melting in a pot on the stove)

Do you love Rice Krispie treats? With a little help from an adult, you can easily make these special Purim Rice Krispie treats.

[https://www.chabad.org/kids/article\\_cdo/aid/2876233/jewish/Rice-Crispie-Treat-Hamantaschen.htm](https://www.chabad.org/kids/article_cdo/aid/2876233/jewish/Rice-Crispie-Treat-Hamantaschen.htm)

#### **CHOCOLATE DIPPED HAMANTASHEN** ages 10 and up

(with adult help to put in and out of oven)

This recipe has easy step by step directions and clear photographs to help you make and shape perfect hamantashen. If you want to make them extra special, finish them off by dipping in chocolate and adding cool decorations.

Then say the blessing and...EAT!

[https://www.chabad.org/kids/article\\_cdo/aid/2860839/jewish/Chocolate-Dipped-Hamantaschen.htm](https://www.chabad.org/kids/article_cdo/aid/2860839/jewish/Chocolate-Dipped-Hamantaschen.htm)

**EXTRA EXTRA! TRY THIS:**

After you've baked all your hamantashen, try arranging some of them in this Jewish star pattern for your dessert table centerpiece!

